

## **ABSTRACT OF THE DISCLOSURE**

A method of trimming hair from a rearward facing area of one's body comprises facing a first mirror, attaching a second, magnifying mirror to a hair trimming device, and applying the hair trimming device to hair on the rearward facing area of the body such that the rearward facing area is visible in the first mirror as a reflection in the second, magnifying mirror. Apparatus for implementing the method comprises a hair trimming device, a mirror, and a structure connecting the hair trimming device and the mirror, the structure having a first position, in which the mirror extends beyond a first side of the hair trimming device, and a second position, in which the mirror extends beyond a second side of the hair trimming device, the second side being opposite to the first side.